

Tropical Touch Day Spa



at CAYMAN BRAC BEACH RESORT

Massage Therapy

Choose from one of our specialty massages or let us customize your treatment to your specific needs.

Typical styles of massage performed include Swedish, Deep Tissue & Pre-Natal massage.

30 minutes | 60 minutes | 90 minutes

Thai Hybrid Massage

Experience the fusion of a hands-on oil massage with elements of traditional Thai Massage in a single treatment. A combination of Massage, acupressure and yoga assisted stretching techniques.

90 minutes

Hotstones Massage

Smooth, flat heated stones are placed on key chakras of the body and are used as massage tools to deeply relax and heat the muscles.

60 minutes | 90 minutes

Divers Blocked Ear & Sinus Relief

This 30min specialty massage helps to clear general congestion & blockages from diving or flying with the aid of essential oils & lymphatic drainage techniques.

30 minutes

Cranial Massage

Perfect for relief & prevention of stress headaches & migraines, this 30min therapeutic treatment works to relieve tension in the head, neck & shoulder area.

30 minutes

For appointments and rates, please contact the Front Desk of Cayman Brac Beach Resort at 345-925-2772

Beach Massage



Experience the ultimate Caribbean indulgence and receive your massage under the cabana on the beach. With the ocean as your soundtrack you cannot top this amazing opportunity! Beach Massages can be experienced with any of the above massage treatments except the Hotstones Massage.

Available as an add-on to your massage

Body Treatments

Body Deli Fresh Organic Body Polish

A full body exfoliation is the perfect way to prep your skin for that beautiful tan you are aiming for or alternatively will refresh your skin giving it a beautiful glow before you fly home...and no...it will not scrub your tan off, it will only enhance it!

Body Polish & Moisturize	45 minutes
Body Polish & 30-minute Massage	60 minutes total
Body Polish & 60-minute Massage	90 minutes total

Green Tea & Aloe Body Wrap

Drift away while you are cocooned in a warm comforting wrap. You will enjoy a face & Scalp massage while the body mask is left to deeply relax your muscles & nourish your skin. A refreshing shower and body moisturizing application finish this relaxing treatment.

Body Wrap & Moisturize	60 minutes total
Body Wrap & 30-minute Massage	1 hour 15mins total
Body Wrap & 60-minute Massage	1 hour 45 minutes total

Facials with The Body Deli Skin Food



The Body Deli's live, raw & organic facial products deliver potent rejuvenating nutrients that are living & active into the skin's cellular structure to promote regeneration. We blend these powerful ingredients with our unique anti-aging facial massage techniques & personalize your facial in accordance to your skin type for amazing results!

Express Facial

The perfect quick fix to cleanse, exfoliate and boost your skin with a luscious masque.

30 minutes

Signature Facial

This facial will be personalized in accordance to your skin type & includes a shoulder, arm & scalp massage.

60 minutes

Ultimate Face & Body Treatment

Massage & Body Deli Signature Facial

2 hours - 60 minutes each



Hands & Feet

Manicure | Pedicure | Manicure & Pedicure

Enhance your experience:

Paraffin Wax | Deluxe Mask



Waxing & Tinting

Lip or Brow Wax
Underarm Wax
Half Arm Wax
Full Arm Wax

Half Leg Wax
Full Leg Wax
Full Leg & Bikini Wax
Bikini Wax

Back or Chest Wax
Eyebrow Tint
Eyelash Tint
Lash & Brow Tint

Spa Packages



Deluxe Package

2 Massages (60 minutes each) | Body Polish & Moisturize | Signature Facial | Pedicure

Pamper Package

Body Polish | Massage (30 minutes)
Express Facial

90 minutes total